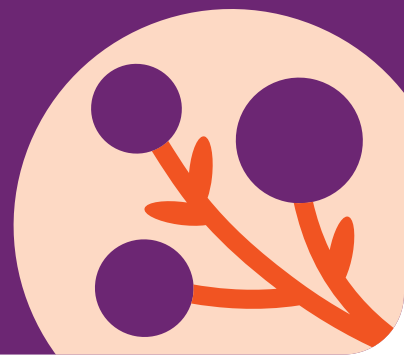


Juniper Boronia Court Retirement Living



Newsletter | April 2024

Juniper Retirement Living resident Sue ‘young at heart’ at 75

Keeping busy and embodying “young at heart” is the key to a good life for Juniper volunteer, retirement living resident and grandmother-of-four Sue Scott, who, just like Juniper, is turning 75 years young this year.

“I’m still going – so I guess that’s a good thing!” she laughed.

An active and social resident at Juniper Elimatta Retirement Living Village, where she has lived with her husband Dave since 2015, Sue credits her fervour for life to “keeping busy”.

Sue said volunteering not only gives her a sense of fulfillment but also means she can give back to others.

Visiting Juniper Chrystal Halliday Residential Aged Care Home in Karrinyup most Thursday afternoons, Sue splits her time between the home’s three levels, often supporting lifestyle activities like bingo, as well as spending some one-on-one time with residents she has developed connections with.

“I really enjoy it – I love spending time with residents.”

While Sue doesn’t plan to make a big fuss over turning 75, she is honoured to share the milestone with Juniper, which will celebrate 75 years of serving older people in the Western Australian community in November.



“We are so thankful to have found Juniper Elimatta,” she said. “I love living in such a close-knit community – we get along with everybody.”

“There is a real sense of togetherness, and we’ve made many good friends.”

The Juniper value of ‘respect’ resonates most with Sue, who has always stood by the saying ‘treat others how you wish to be treated’.

Message from the CEO



Hello to all our residents at Boronia Court Retirement Living Village!

Looking ahead, there is much to anticipate in 2024 across Juniper.

Our team is excited to continue providing quality services to all our Juniper customers, and this will be one of our biggest focus areas this year.

Whether it's through your social catch-ups or planned events, I have faith that the closeknit community at Boronia Court will create many wonderful moments together which will be filled moments of laughter, learning, and shared experiences.

Your safety and wellbeing remain our top priority, so please reach out to your friendly Retirement Living Coordinator if you need any assistance.

In this newsletter, you can read the latest news and updates in your community and about your fellow residents.

I hope this is a year filled with moments of joy and cherished memories.

Happy reading!

Russell Bricknell
Chief Executive Officer

Do you have a nice story you would like to share?



Contact the Juniper Communications team on **0481 012 248** or email communications@juniper.org.au to feature in the next newsletter!

Hello from Colleen

Looking back at how we ended 2023, it has been a busy year at Boronia Court Village!

We have had a total of nine units refurbished over 2023. This has brought five new residents to the village over the second half of the year.

It has been great to be able to re-tenant five new units, fix the two units vacated throughout the year and offer them to new residents.

Thank you to Jo Wilkinson, Angie Slater and Tracey Izard, our ILU managers at Juniper, for enabling the unused units to be offered to those needing affordable housing.

I also want to give a big thank you to Home Maker Home Maintenance Dave and his team who have carried out most of the work on the units and made them very liveable and comfortable for our new residents.

Thank you everyone for your patience and support while all this work has been going on – it has been a lot of increased activity around the village, but well worth it.

We are still looking to complete some long-term projects around the village and these will be our focus for 2024:

- The Gazebo – has been approved and will be done over the coming months.
- The Roundabout and parking – changes currently being planned and costed.
- Removal of some large trees – also being costed for the coming year.

We have much to look forward to in 2024 – here's to another great year!

Colleen Tombleson
Retirement Living Coordinator





Village updates



Last year we saw the return of a lot of the regular groups to the Beryl Grant Community Centre, along with some new ones. The cafe has been going for 18 months now and it is great to have it available during the week for great food and a great place to catch up with friends and family over coffee. It has also been nice to catch up with Boronia residents and see that you are all enjoying yourselves out and about and sharing food and drinks.

The Albany Prostrate Support Group is held at the Beryl Grant Community Centre on the third Thursday of every month. This is run by Greg Kidd and the volunteers. Back in October, the group partnered with Genesis Care, which recently opened radiation oncology services in Albany, to host an information day that was attended by more than 100 people. The day was opened by Albany Mayor, Dennis Wellington, who experienced his own journey with prostrate cancer more than seven years ago. Among the presenters at this event were Dr Toby Leach, prostrate cancer specialist nurse Naomi Mutinda, and nurse practitioner Melissa Hadley-Barrett. The day was a success.



Social Club updates



Thanks to everyone who came along to our Christmas Party at the Beryl Grant Community Centre in December. Thank you to Don for setting up some fun games and getting us moving before we had a wonderful lunch provided by Albany Art Café.

Our first social group was held late January – please contact Don or Julie Ann for ongoing information and planned events.

Meetings and events can be held at the Beryl Grant Community Centre if planned when there is space available.

It looks like table tennis is becoming a popular option – let's see where that one goes folks. It sounds like lots of fun, with some fundraising underway to help support this idea. Please save your cans and drink containers that can be sold as this will help fund any equipment that can be used, such as a table tennis table.

Residents' birthdays

From everyone here at Boronia Court, we want to wish a happy birthday to the following residents who recently or are about to celebrate another lap around the sun!



February 26: Laurene Campbell

March 7: Shelagh Martin

March 13: May Annice

March 19: Don Titterton

March 22: Cheryl Coleman

April 22: Bob



Caring for your neighbours

This can be difficult at times when you feel concerned about your neighbours within the village who are living within close proximity to you.

But there is a difference between showing care and support and respecting someone's right to privacy, and there are some questions you may ask, such as:

- When do you raise concerns for someone's wellbeing?
- Who do you contact?
- Do you check on people if you notice any changes in behaviours or routine?
- Do you need to notify someone if you are concerned?
- What is your duty of care regarding others in the village?

The answers to these questions will differ for each of us but maybe there are some general guidelines you can develop by having discussions with those living close to you.

Everyone has personal opinions and preferences regarding assistance and rights to privacy – so we encourage you to have a discussion with your neighbours in your community, and develop some understanding, general guidelines and awareness.

We may all need support at some time – so let's work together to make sure we're all on the same page.

Staff update

We currently have Sai staying in unit 8 and Sophie in unit 7 at Boronia Court.

Both staff are working at our Juniper Korumup Residential Aged Care Home.

This is part of Juniper's strategy to attract more staff to the aged care sector, particularly at our Juniper sites in regional WA.

